



Free Pattern: Super-Bulky-Weight Socks for Magic Loop, TOE-UP or TOP-DOWN

by Liat Gat of [KNITFreedom](#)

Materials

Yarn: 90 yds super-bulky-weight yarn (shown in photo: 1 skein Malabrigo Rasta).
If working two socks at one time, you'll need two separate balls of yarn.

Gauge: 2.5 sts/in in St st.

Needles: US #13 (9 mm) – whatever kind you use to knit in the round (DPNs, magic loop, 2 circulars, etc.) OR whatever size YOU require to obtain correct gauge. Gauge matters, needle size doesn't.

Notions: Stitch markers, tapestry needle, scissors.

Sizes: Small-Medium (Medium-Large)

Finished Measurements:

Foot circumference: 7 (8) inches

Length: customizable to exact foot length

Abbreviations/Terms: *(all links go to KNITFreedom videos)*

[CO](#): cast on

PM: place marker

BOR: beginning of round

[M1L](#): make one left

[M1R](#): make one right

[K2tog](#): knit 2 together

[P2tog](#): purl 2 together

[SSK](#): slip, slip, knit

Instep: the part of the sock opposite the heel (front of ankle).



Super-Bulky-Weight Socks for Magic Loop, TOE-UP VERSION

**Want to watch a complete KNITFreedom Video Course
showing every step of this project, including
how to knit these socks two-at-a-time?**

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Pattern Notes:

Sock is worked in the round from toe to cuff.

The heel shaping is taken directly from [Fleegle's](#) blog and is famously known as the Fleegle Heel.

Toe:

For both sizes, using [Judy's Magic Cast-On](#), CO 8 sts, 4 on each needle.

Prepare to knit in the round. PM into stitch to indicate BOR.

Round 1: Knit (note: you will need to knit the sts on the second needle through the back loops).

Round 2: (K1, M1L, K to last st on needle, M1R, K1), repeat on other needle.

Repeat Rounds 1-2 until there are 8(10) sts on each needle [16(20) sts total].

SMALL-MEDIUM SIZE ONLY:

Next round: Knit.

Next round: K1, M1L, K to last st on needle, M1R, K1, do not repeat on other needle (10 sts on first needle, 8 sts on second needle – 18 sts total).

Foot:

Knit in the round until sock reaches the front of your ankle. Hint: try the sock on and pull it as snug as you like your socks. Flex your foot. Does the knitting reach your ankle? Then stop and go to the gusset.

Gusset:

Round 1:

Needle 1 (heel needle): K1, M1L, K to last st on needle, M1R, K1.

Needle 2 (instep needle): Knit.

Round 2: Knit.

Repeat Rounds 1-2 until the heel needle contains 18 sts (both needles).

Turn Heel:

Begin working back and forth across heel as follows: PM at midpoint between sts.

Row 1: K to 2 sts beyond marker, SSK, K1, turn.

Row 2: Sl 1, P5, P2tog, P1, turn.

Row 3: Sl 1, K6, SSK, K1, turn.

Row 4: Sl 1, P7, P2tog, P1, turn.

Row 5: Sl 1, K8, SSK, K1, turn.

Continue working back-and-forth as established: working up to the “gap” and working the two sts on either side of the “gap” together, working one more, then turning.

When your K1 after your SSK is the last st on the heel needle, resume knitting in the round (13 sts on heel needle).

Knit across instep needle. Then...

Round 1:

Needle 1 (heel needle): K1, SSK, K to end of needle (you should have 12 sts on heel needle).

Needle 2 (instep needle): Knit.

Round 2:

Needle 1 (heel needle): K1, SSK, K to last 3 sts on needle, SSK, K1.

Needle 2 (instep needle): Knit (you should have 10 sts on heel needle).

Ankle:

Work in St st for 5-8 rnds (depending on how long you want the cuff to be and how much yarn you have left).

Cuff:

Rounds 1-4: *K1, P1, rep from * to end of rnd.

Bind off, using [Jeny's Surprisingly Stretchy Bind-Off](#) or any other stretchy bind-off.



Support:

If you have any questions about this pattern, I am here to help you! Please post your question in a new thread in the [KNITFreedom Forum on Ravelry](#).

I can't answer knitting questions sent to my email but I answer all questions in the forum! Thank you!



Super-Bulky-Weight Socks for Magic Loop, TOP-DOWN VERSION

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Pattern Notes:

Sock is worked in the round from cuff to toe.

Cuff:

Beginning at the top of the sock, cast on 18(20) sts.

Divide for Magic Loop as follows:

SIZE SMALL-MEDIUM: 8 sts on first needle, 10 sts on second needle.

SIZE MEDIUM-LARGE: 10 sts on each needle.

Making sure there are no twists in the round, join for working in the round.

PM for BOR.

Rounds 1-4: *K1, P1, rep from * to end of round.

Rounds 5-11: K.

Heel flap (worked back and forth on heel needle – the one that has 10 sts):

Row 1: Sl 1, K 9 (across the heel needle). You may want to place a marker into this first row so it is easy to count your rows later on. TURN.

Row 2: Sl 1, P across heel flap.

Repeat Rows 1-2 until your heel flap is 12 rows tall. You should be ready to work a K row.

Turn heel:

Row 1- Sl 1, K4, SKP, K1, turn.

Row 2- Sl 1, P1, P2tog, P1, turn.

Row 3- Sl 1, K2, SKP, K1, turn.

Row 4- Sl 1, P3, P2tog, P1, turn.

Row 5- Sl 1, K4, SKP, K 1.

Resume knitting in the round.

Pick up sts for heel gusset:

PM, and using the same (heel) needle, pick up and knit 7 sts along the L side of the heel.
K across instep.

Pick up and knit 7 sts along the other side of the heel.

Next: K1, K2tog. K across all heel sts until there are 3 sts left on left-hand needle.

Next: K2tog, K1.

You should have 17 sts on the heel needle. 8(10) sts still remain on instep needle.

Gusset:

Round 1 (heel needle): K1, SKP, K to end.

(instep needle): K all sts.

Round 2 (heel needle): K to last 3 sts, K2tog, K1.

(instep needle): K all sts.

Continue to work rounds 1-2 until 10 sts remain on heel needle [18(20) sts in all].

Foot:

Work in St st until foot of sock (including heel) measures 2 in less than desired length. To find the finished length your sock should be, stand barefoot on a sheet of paper. Using a pencil, make a mark in front of your big toe, and another behind your heel. Measure the length between the marks and add ¼ inch. This is your finished length. Alternatively, just try on the sock.

SIZE SMALL-MEDIUM: K all sts on first needle. On second needle, K1, SKP, K to last 3 sts, K2tog, K1 (16 sts total).

K 1 rnd even.

Toe:

Round 1: *(K1, SKP, K to last 3 sts on needle, K2tog, K1), rep from * on other needle.

Round 2: Knit.

Repeat rounds 1-2 until 4 sts remain on each needle (8 sts total).

Finishing:

Break yarn, leaving a 12" tail, and using a tapestry needle, graft toe using [Kitchener stitch](#).

Finishing:

Using tapestry needle, weave in all ends securely.

Wear and be fabulous!

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